

MONTHLY NEWSLETTER



WHAT IS LOW LEVEL LASER THERAPY

This month, we're shining a light—literally—on Low-Level Laser Therapy (LLLT), also known as red light therapy. It's one of the few non-invasive hair loss treatments with solid scientific backing. Let's explore how it works, who it helps most, and whether it's worth your time.

What it is:

- LLLT uses low-energy red or near-infrared light (usually 630–680 nm) to stimulate hair follicles.

How it works:

- Light penetrates the scalp and boosts energy production in follicle cells.
- Improves scalp blood flow.
- Prolong the hair's growth phase (anagen).

MYTH VS FACT

Myth: Laser therapy burns the scalp to stimulate regrowth.

Fact: LLLT uses low-energy light that doesn't heat tissue—it works by stimulating cells, not by causing injury.

NUTRITION CORNER

Iron & Hair Growth: Low iron is a hidden cause of hair thinning, especially in women. Add more spinach, lentils, or lean red meat to your diet.

NEW PRODUCT ALERT!

Saw Palmetto Tablets

Hair Revive Vitamin Tablets are specially formulated to support strong, healthy hair growth while helping to prevent hair loss linked to Dihydrotestosterone (DHT) a key contributor to Male and Female Pattern Baldness. At the heart of the formula is Saw Palmetto, a natural herbal extract derived from a small palm tree native to North America and the West Indies. Rich in fatty acids and plant sterols, Saw Palmetto is known to act as a natural DHT inhibitor, helping to reduce DHT buildup in the scalp and protect hair follicles.

